

HEALTH MANAGEMENT CENTER 2018 EVENT CALENDAR

S M T W T F S

						1
2	3	4	5 <i>Eating on a Budget: (Cost Effective Meals) with Katie Dean 10:30 a.m. - 11:30 a.m.</i> <i>Eating on the Fly: (Quick Meals) with Amanda Wood 4:00 p.m. - 5:00 p.m.</i>	6 <i>Monthly Joint Camp: Free educational seminar for patients considering undergoing a total hip or total knee arthroplasty. 12:00 p.m. - 1:00 p.m.</i>	7	8
9	10	11	12 <i>Supping Solo: (Eating Alone) with Amanda Wood 10:30 a.m. - 11:30 a.m.</i> <i>Eating for Baby: (Maternal Nutrition) with Katie Dean 4:00 p.m. - 5:00 p.m.</i>	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

AHG 1094 R12/1317 APPROVED